Is your child:

- Having serious problems at home?
- Frequently absent, or having serious problems at school?
- Running away from home, or being exploited?

Family Resource Centers (FRCs) can help.

FRC services are voluntary, confidential, community-based, and tailored to meet your family's needs.

FRC services are convenient, with some programs available during evenings and weekends.

Family Resource Centers

Offering parenting programs, support groups, assessment services, and information and referral resources.

www.frcma.org
Family Resource Centers of Massachusetts

Services provided by Family Resource Centers
- Parenting skills workshops
- Self-help groups
- Grandparents groups
- Financial workshops
- Stress management workshops
- Education programs
- Family events and activities
- Playgroups
- Arts, cultural, and sports events
- Help with accessing other services

Family Resource Center Locations
- Amherst
- Barnstable/Hyannis
- Boston
- Brockton
- Fall River
- Fitchburg
- Greenfield
- Lawrence
- Lowell
- Lynn
- Nantucket
- New Bedford
- North Adams
- Oak Bluffs/Martha’s Vineyard
- Pittsfield
- Quincy
- Springfield
- Worcester

Visit our website to find a local Family Resource Center at www.frcma.org

How to contact an FRC

Call or visit your preferred FRC at the number or address listed on the www.frcma.org website.

You may also use Mass211 to receive information and referral to an FRC or a wide range of other services. Mass211 can be contacted by dialing “211” from any phone in Massachusetts 24 hours per day, seven days per week. Translation services are available in over 140 languages if needed.

For more information regarding services available at a particular FRC, please contact the FRC directly.

For more information regarding services available at a particular FRC, please contact the FRC directly.